## **History of Present Illness for Sports Related Injury**

Patient/Guardian's Signature \_\_\_



ast Name:	First Name:		
Date of Birth:	_ Today's Date:		
Current Height:	Have you had a bone d	ensity scan (for os	teoporosis)? 🗖 Yes 🗖 N
Current Weight:	Where/Year:		
aterality: 🗖 Right			
☐ Left ☐ Laceration/Wound			
☐ Bilateral			
Primary Affected Area: Choose most significant area for today's			
□ Neck □ Mid Back □ Low Back □ Shoulder □ Clavicle □ Wrist □ Hand □ Hip □ Pelvis □ Thigh □ Knee			m
In a scale of 0 to 10. 0 hoins no pain and 10 hoins the w	oret places sirals b	olow vour ours	ant lovel of noin
On a scale of 0 to 10, 0 being no pain and 10 being the w	urst, piease circle b	elow your curre	ent level of pain
0 1 2 3 4 5	6 7 8	9 10	
No Pain Moderate Pa	ain	Worst Possible Pain	
Signs & Symptoms: Bruising Numbness/tingling Stiffne Aggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat	☐ Motion ☐ Sports ☐ ☐ Ice ☐ Injections ☐ N		
Aggravated By: Daily Activities Dexercise Lifting Overhead	□ Motion □ Sports □ □ Ice □ Injections □ N elief	Throwing 🖵 Work	
Aggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get repain Is: Dull Sharp Throbbing Intermittent Other Pain Is: Dail Cate of Accident:	□ Motion □ Sports □ Ice □ Injections □ Nelief Constant	Throwing  Work	
Aggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get retain Is: Dull Sharp Throbbing Intermittent Otate of Accident:	Motion Sports Ice Injections Nelief Constant  Place of Accid	Throwing Work SAIDS Pain Med	lication
Activity:    Daily Activities   Exercise   Lifting   Overhead Relieved By:   Activity   Compression Wrap   Elevation   Heat   Physical Therapy   Rest   Tylenol   I do not get relain Is:   Dull   Sharp   Throbbing   Intermittent   Outlier of Accident:   Please explain how the accident occurred:   Activity:   Aerobic/Step Exercise   Baseball   Basketball   Bike Riding   Bowling   Boxing   Canoeing   Cheerleading   Climbing   Constitution   Climbing   Climbing	Place of Accid	Throwing Work SAIDS Pain Med  Pain Med  Pain Med  College	Other Location  Recreation Area
Activity:  Activity:  Activity:  Activity:  Activity:  Activity:  Baseball Basketball Bike Riding  Bowling Boxing Canoeing Cheerleading Coverhead  Coverhe	Place of Accid Home Sports  Apartment	Throwing  Work SAIDS  Pain Med	Other Location  Recreation Area  Beach
ggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get reain Is: Dull Sharp Throbbing Intermittent Cate of Accident:    Cate of Accident:   Cate of Accident   Cate of Accident	Place of Accid	Throwing  Work SAIDS  Pain Med  Pain Med  College University High School Middle	Other Location  Recreation Area Beach Gymnasium Stadium
ggravated By: Daily Activities Exercise Lifting Overhead elieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get reain Is: Dull Sharp Throbbing Intermittent Cate of Accident:    Compression Wrap Elevation Heat	Place of Accid Home Sports  Apartment	Throwing Work SAIDS Pain Med  ent: School College University High School Middle Elementary	Other Location  Recreation Area Beach Gymnasium Stadium Public Building
ggravated By: Daily Activities Exercise Lifting Overhead elieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get reain Is: Dull Sharp Throbbing Intermittent Cate of Accident:    Compression Wrap Elevation Heat	Place of Accid Home Sports  Apartment	Throwing  Work SAIDS  Pain Med  Pain Med  College University High School Middle	Other Location  Recreation Area Beach Gymnasium Stadium
ggravated By: Daily Activities Exercise Lifting Overhead elieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get reain Is: Dull Sharp Throbbing Intermittent Cate of Accident:    Compression Wrap Elevation Heat	Place of Accid Home Single Family Apartment Dormitory	Throwing  Work SAIDS  Pain Med  Pain Med  College University High School Middle Elementary Day Care	Other Location  Recreation Area Beach Gymnasium Stadium Public Building Street
aggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get relain Is: Dull Sharp Throbbing Intermittent Release explain how the accident occurred:    Compression Wrap Elevation Heat Rest Tylenol I do not get relain Is: Dull Sharp Throbbing Intermittent Release explain how the accident occurred:   Compression Wrap Elevation I do not get relain Is: Dull Sharp Throbbing Intermittent Related From Intermittent Intermitent Intermittent Intermittent Intermittent Intermittent Intermit	Place of Accid Home Single Family Apartment Dormitory  Other:	Throwing  Work SAIDS  Pain Med  Pain Med  College University High School Middle Elementary Day Care	Other Location  Recreation Area Beach Stadium Public Building Street Athletic Court/Field
Aggravated By: Daily Activities Exercise Lifting Overhead Relieved By: Activity Compression Wrap Elevation Heat Physical Therapy Rest Tylenol I do not get re Pain Is: Dull Sharp Throbbing Intermittent Date of Accident:	Place of Accid Home Single Family Apartment Dormitory  Other:	Throwing  Work SAIDS  Pain Med  Pain Med  College University High School Middle Elementary Day Care	Other Location  Recreation Area Beach Stadium Public Building Street Athletic Court/Field

Clinical Staff's Initials \_\_\_\_\_

## **Medications You Are Currently Taking**



	Today's Date:				
Patient Name	::		Date of Birth:		
List all medicati	ons you are taking includin	g non-prescription medicati	ons and opioids 📮 I am no	t taking any medications	
	Medication #1	Medication #2	Medication #3	Medication #4	
Name:					
Dosage:					
Frequency:					
Route:	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	
	Medication #5	Medication #6	Medication #7	Medication #8	
Name:					
Dosage:					
Frequency:					
Route:	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	
	Medication #9	Medication #10	Medication #11	Medication #12	
Name:					
Dosage:					
Frequency:					
Route:	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	□ Oral □ Inject □ Topical □ Nasal □ Inhale □ Patch □ Drops	
Preferred Pharmacy:	Name:		Address:		

AHILIGAL STALL STILLIAIS	Clinical Staff's	Initials			
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